



Santé-Reva Group
Health • Well-being • Life.



CORPORATE PROFILE



SANTÉ-REVA HEALTHCARE

A Company dedicated to creating, promoting and maintaining healthy lives and lifestyles in Africa.

The services are aimed at individuals, groups and corporates. We believe the health services in Africa can leap frog stages of health systems development through the use of currently available technologies as well as going back to tried and tested public health strategies. These include treating the person and not the disease; health is not merely the absence of illness but a complete state of wellbeing.



SANTÉ-REVA Healthcare utilizes epidemiological techniques to monitor disease trends, predict patients risks, prevent recurrent acute infections, manage chronic conditions thereby proactively minimizing complications and tailoring treatment protocols to minimize cost of treatment.

In Africa, the prevailing attitude toward health services is that a practitioner's attention should only be sought whenever there is a problem. This means the interaction between the client and the health care provider is typically random, episodic and determined by the occurrence of an acute medical condition. Only a small proportion of the population visits a clinician for clinical review or participates in a disease prevention strategy. Many insurance companies are now offering wellness products aimed at reducing the occurrence of disease and thereby reducing associated economic burden. Service providers have however not stepped up to provide complete wellbeing and disease prevention solutions.

360 degree wellness©

360 degree wellness© is aimed at the otherwise well person. It is a package that includes complete medical examination, laboratory investigations, age and social status profiling. This allows for disease risk profiling with suitable interventions.

Medicine, being a science has prediction as one of its attributes. This is exemplified by the case of Influenza which has two main peaks of infection in Kenya. They occur starting April every year and another in September. The two infection cycles play a major role in depleting the insurance covers of clients, increase patients and employers' expenditure by way of sick days and cost the country millions in opportunity costs.



Know your patient

With the current health needs, we need solutions, not remedies. SANTÉ-REVA is making the paradigm shift from treating diseases to treating people. Some of these people are ill, some are preventing illnesses and some are reversing illness. SANTÉ-REVA is in the business of mitigating risk in healthcare.

Through the use of available technology SANTÉ-REVA is determined to provide each client with a personalized experience and a targeted intervention. Unlike financial institutions, health care services in Africa have not invested in truly understanding clients and their different needs.

This is the need SANTÉ-REVA seeks to respond to. Indicators such as marital status, age, number of children and job satisfaction are not mere numbers to us. They are a window into what our clients could potentially suffer from and an opportunity to prevent future disease by providing an intervention today.

The interventions

Our 360 degree wellness is a package of interventions based on evidence based clinical protocols that are in use worldwide today. The product aims to identify what a client's highest health risks are and proffer personalized interventions.

Mr. Maina is an otherwise well 39 year old man. He is an executive at a medium sized company in Nairobi. He is married with three children aged 1, 5 and 9 years. His wife is a business woman with regular travel out of the country. He is quite busy and has little opportunity to exercise apart from the occasional game of golf.

On visiting SANTÉ-REVA, it was noted that he had never had a flu shot in his life despite having at least two episodes of severe flu every year with 12 sick off days from the episodes each year. While he had been advised on reducing his BMI (from the current 26 to at least 24) there had been no proactive follow up to ensure this has been done.

No psychological analysis had been done to understand his mental health. It was found that he was suffering from chronic stress, predisposing him to further disease. He was taking at least four bottles of beer at a sitting and did not consider himself a heavy drinker. While his liver was assessed during annual wellness checks, no due consideration had been made to its effects on other body systems.





Chronic disease management, adherence profiling and feedback

Clients coming to SANTÉ-REVA will be monitored for their current medical condition as well as for their adherence to medical advice. For example, all clients with high BMIs will be provided with a package that includes nutritional advice and a choice of gym membership. Scheduled follow up will be made with these to audit the agreed parameters such as compliance, weight reduction and complication incidence.

For chronic disease clients, various techniques such as pill counts, tablet intake reminders, home monitoring with equipment that can transmit clinical data will be used to monitor adherence to treatment. Modern technology allows for patients to be monitored on the go. This is more so with hypertensives.

A number of clients diagnosed as being hypertensive suffer from “white coat hypertension”. This is elevated blood pressures when in a hospital like setting. Monitoring their blood pressures outside the clinical setting with data transmitted to the clinicians will help alleviate this, at the same time providing a real time link to monitor adherence.

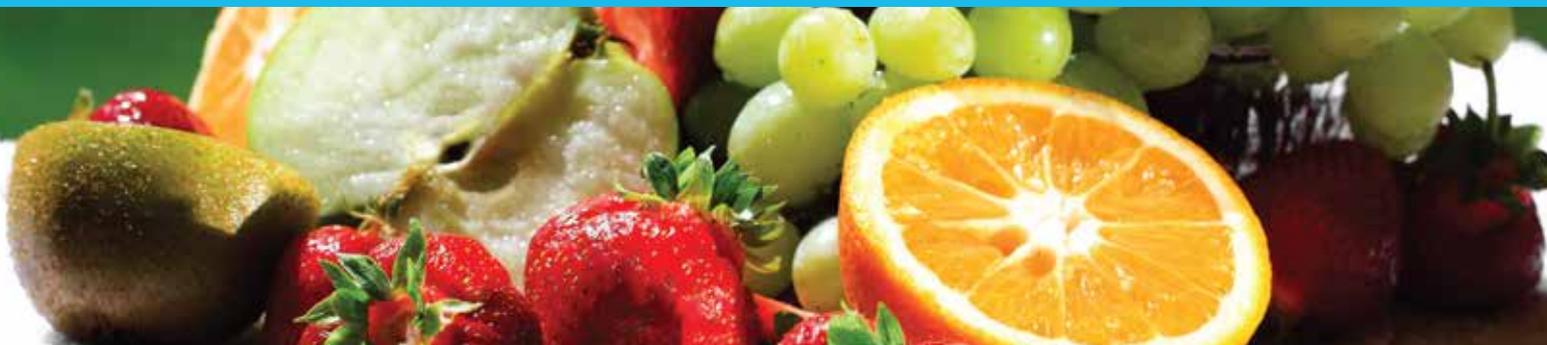
Partnerships

SANTÉ-REVA works closely with the insurance companies to benefit the patient. Patients should always be assisted to ensure that they do not exceed their cover limits. This is through acute disease prevention strategies, rational drug selection for chronic patients and intensive personalized patient monitoring to ensure the occurrence of acute on chronic conditions is managed if not eliminated. These interventions also increase the overall quality of life of the patient.

Mrs. Maina was found to be diabetic 1 year ago and has a high BMI.(34- obese range) While she has been receiving treatment for this, the consultant who started her on diabetic treatment put her on good but very expensive medication that was “the latest in the market”. This has put a strain on their insurance cover. She also has a standing appointment with the consultant every month. She has had no contact with a nutritionist. At SANTÉ-REVA, Mrs. Maina was put on a standardized diabetes treatment protocol.

SANTÉ-REVA’s nutritionist conducted bi- annual nutritional counseling sessions for her as well as sending her monthly articles on how to prepare interesting meals that meet her specific requirements. She was also provided with a blood sugar level testing machine.

Whenever she visited the clinic all her blood measurements data was downloaded into to her clinical records. Her pills were also counted to ensure that she was adherent to treatment. Specific lab tests were carried out at pre-determined intervals in order to assess for any complications of diabetes. She has now enrolled into a diabetes support group of her peers that meets at the clinic every two months. Her insurance company has been informed on how well she is doing.





SANTÉ-REVA also works with accredited drug manufacturers to provide quality, consistent and cost effective drugs to the client by passing on favourable pricing earned through predictability of consumption, to its clients.

SANTÉ-REVA works with companies that are at the fore front in disease prevention through vaccine production to ensure that our clients are always immunized against common diseases that eventually significantly strain a client's insurance cover, while eating away at an employer's and insurers' margins.



These include (but are not limited to) influenza, typhoid, cholera, Hepatitis A and herpes simplex virus.

SANTÉ-REVA works with companies and educational institutions to ensure that the health of the organization and learning community is managed. Organizations and schools, just like family, are predisposed to certain conditions in commonality. For example the spread of flu is usually through schools and workplaces. Peer and work pressure could lead to problems such as alcohol over use and obesity. Various situations and events can cause stress in individuals. SANTÉ-REVA will undertake a comprehensive health assessment of staff in such a setting and create a company/ institutional health profile. Those with chronic conditions will be enrolled into the chronic care program. Facility or institutional based vaccination programs will be offered to combat flu and other contagious illnesses among staff and students alike. Individuals will be enrolled into Stress management programs as required.

Sante-Reva works with organizations in the Food and Hospitality Industry to ensure that all staff handling food and beverages are tested, vaccinated, certified as healthy and maintain strict standards as per global health regulations.





The team

SANTÉ-REVA is made up of young energetic clinicians dedicated to changing the world one patient at a time;



Dr. Wambui Kamau

Dr Wambui is a practising clinician with more than 10 years' experience in the public and private sector. She holds a global executive MBA in healthcare management at United States International University (USIU)- Africa.

Her main fields of interest include the holistic approach to health through emphasis on Wellness and Quality in Healthcare. In her last appointment, she was the Regional Quality Assurance Manager for clinical services and patient safety at AAR Healthcare Holdings.

She is an experienced manager having headed several outpatient centres in Nairobi. During her tenure, she was pivotal in the relocation and set up of several clinics.



Dr. Zena Onsongo

Dr. Zena Onsongo is a practising clinician with an interest in health systems development. She is currently pursuing her Healthcare Management MBA at the Strathmore Business School. She has worked previously with AAR healthcare services at management level and was responsible for significant improvements in supply chain management. She has a passion for preventive care and chronic disease management.

As Medical Officer -In-Charge of Obstetrics & Gynecology department at Kisii level 5 hospital, she was instrumental in setting up its cervical cancer screening unit in partnership with WHO, Ministry of Health, Kenya, Liverpool school of tropical medicine and the Royal College of Obstetrician and Gynecologists. She also set up and ran the HIV Comprehensive care program at AAR Healthcare, sarit centre branch in partnership with Goldstar Kenya.



Dr. Salome Wanjohi

Dr Wanjohi is a practising clinician, with a background in Epidemiology and Public Health. She is interested in Wellness and Chronic Disease Management. She has worked in both the public and private health sectors over the past 6 years. As a medical officer of health,

Dr Wanjohi was instrumental in setting up and running the Disability Welfare Committee in a public hospital in Nyeri County, prior to her move into the private sector.

She set up a Comprehensive Care Clinic for patients living with HIV at AAR Healthcare Head Office clinic at Williamson House, and since then has managed several outpatient clinics in the Nairobi region, which entails both administrative and clinical roles. She currently sits as a member of the National Interim Committee of the Stop TB Kenya initiative, a public-private partnership aimed at eradication of TB in Kenya by 2018.





Santé-Reva Group
Health · Well-being · Life.

To find out more

P.O. Box 51528-00200, Nairobi, Kenya.

Tel: +254 788 101 501

Email us: info@santerevagroup.com

Website: www.santerevagroup.com